

# Building a Financial Wellness Team in the Post- Pandemic Era

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### Agenda

- □ Introduction
- □ Why Financial Literacy is Important?
- ☐ Challenges Faced
- Program Development
- Resources to Understand Student Needs
- Connecting with Students
- ☐Peer Mentors
- ☐ Shared Experiences



### Introduction

During the pandemic, we faced a radically changing world. It forced us to transform the way we help students from remote work, financial challenges, understanding your resources, and finding new ways to communicate. Launching, developing, and maintaining a financial literacy program in that span of time has been a challenge but rewarding.

### Why Financial Literacy is Important?

Financial Literacy is Possessing the financial knowledge, behaviors, systems, team, and plan to confidently take effective action that best fulfills an individual's personal, family, and global community goals.

- National Financial Educators Council



It's the first time many students are on their own and at a time when money management skills are needed.



It gives students to tools needed to make those hard decisions that may impact them later down the road.



They can immediately put theory into practical use in their daily lives.

### **Challenges Faced**

#### **INITIAL CHALLENGES**

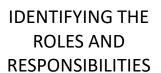
- > Transitioning to a fully remote environment
- ➤ Initial Launch during the Pandemic
- Understanding the limitations students were facing at that time
- Uncertainty of what was going to happen
- Myriad of professional and personal changes.

#### **CURRENT CHALLENGES**

- Increasing foot traffic to in-person events
- Dealing with the current state of the economy students are facing
  - ➤ Higher Cost of Living
  - ➤ Student Loan Repayment

### **Program Development**







COLLABORATION AND COMMUNICATION



TAILORING SOLUTIONS
TO STUDENT NEEDS



BUILDING RELATIONSHIPS WITH CAMPUS PARTNERS



IDENTIFY KEY STAKEHOLDERS

### **Building Your Program**



In-person & Virtual Workshops



Work with campus partners



Tailor financial wellness program to suit school needs



External Vendors and Partners

Money Smart – FDIC Cashcourse – HEFWA Everfi – Blackbaud iGrad



Developing your own program:

Work with your business school or Social Sciences Department



Q Search



utfinwellness

Follow

Message

uge

105 posts

841 followers

192 following

UTFinWellness

**③ 100M+** 

Official Instagram for Texas Financial Wellness at The University of Texas at Aus ② linktr.ee/texasfinancialwellness

**■ POSTS** 

REELS

A TAGGED







### Interaction

Provide

 Provide a platform to understand student challenges

Identify

Identify trends and patterns

Establish

 Establish a Social Media Presence

### **Connecting with Students**

#### TIME, PLACE, LOCATION, AND ACCESSIBILITY

- ☐ Consider student daily schedules
- □ Consider spaces that are accessible to students
- ☐ Consider a hybrid option
- ☐ Livestream or Webinars

#### WHAT WORKS? WHAT DOESN'T?

- ☐ Works: establish a strong connection with students
- ☐ Works: Collaborating with student organizations
- □ Doesn't work: One size fits all
- ☐ Doesn't work: Financial Jargon

### **Certifying Counselors**

Credibility to the Program

Gives counselors necessary skills and tools

Allows development of tailored programs

Contributes to team success

### **Certifications Available**

#### **FOR STAFF**

- >AAFCS Certified Personal & Family Finance Educator
- ► AFCPE Accredited Financial Counselor
- FSWC Financial Social Work Certificate
- Fincert.org Certified Personal Finance Counselor
- > Heartland Institute Certified Financial Educator
- National Financial Educators Counselor Certified Financial Education Instructor
- University of Minnesota Extension Financial Educator Certificate

#### **FOR STUDENTS**

- > Fincert.org Certified Financial Peer Mentor Program
- WISE Personal Finance Certification for Educators

### **Establishing an Online Presence**

#### **BUILDING A SITE FOR YOU TEAM**

It's important to build a website that gives your students a clear idea of who you are and the services you offer.

Key tips on what has worked for us:

- Build a personalized site for your student body
- > Streamline your site
- ➤ Work closely with your communications office or Department.
- > Build your site wisely around popular search terms
- ➤ Optimize your site to be mobile-friendly



### **Finding Resources**

#### **CREATE AN ONLINE RESOURCE PAGE FOR STUDENTS**

Incorporate resources from various government agencies:

- ➤ Consumer Financial Protection Bureau (CFPB)
- Federal Deposit Insurance Corporation (FDIC)
- > Student Aid Resource Sites
- Department of Treasury
- > Texas Reality Check Texas Workforce Commission

Non-Profits and Other Organizations:

- ➤ National Endowment for Financial Education
- Operation Hope
- > Foundation for Financial Planning
- NerdWallet
- Investopedia

You can also include resources that focus on Basic Needs:

Links can include

- > Affordable housing resources in your area
- Food Banks on and off campus
- ➤ Mental or Health non-profits like DollarFor
- Other University Resources
  - Legal Services
  - ➤ Health or Emergency Services

### **Finding Resources**

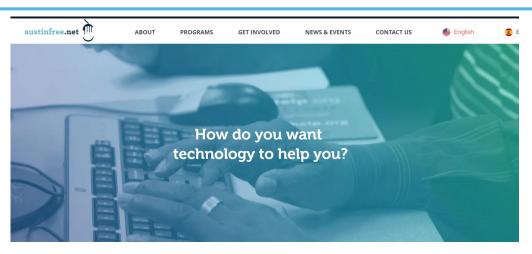
#### **EXTERNAL PARTNERS**

Reach out to other schools that have already established a Financial Wellness or Money Management Program.

National and State Associations:

- ➤ HEFWA Higher Education Financial Wellness Alliance
- ➤ TACFEP Texas Association of Collegiate Financial Education Professionals

Build partnerships in within your city or county





### **Peer Mentors**

#### **BUILDING A PROGRAM**

Establishing a peer mentor program can positively impact not just your department but the student body.

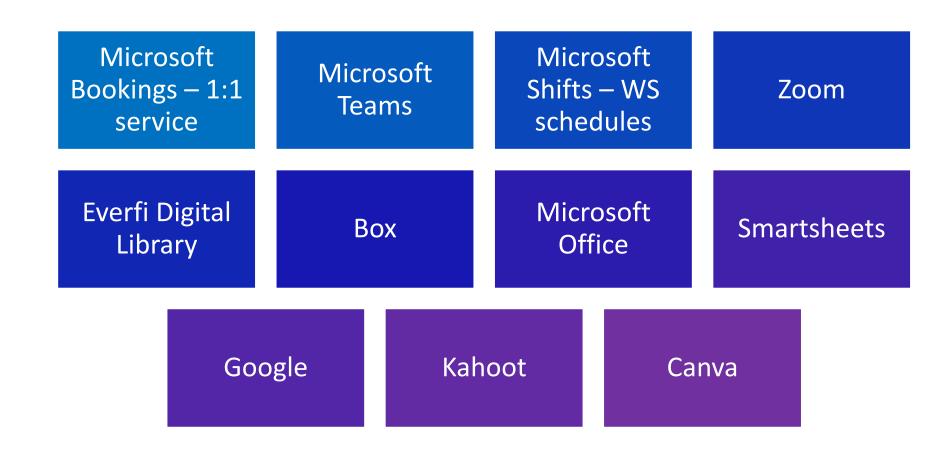
Programs Available:

THECB – Peer Mentor Program

#### **BENEFITS**

- > Build their skillset and resume
- > Student engagement increase
- Benefits the Student Body

### **Tools We Use**



#### 2018 - Fall 2022

Total Number of Events from Inital Start till 2022

91

Counseling Session Metrics		
Total Students Served	School Year	
51	Spring 2021	
246	2021-2022	

#### Spring 2023 – Summer 2023

Year		
Total Number of Workshops	16	
Total Number of Outreach Events	36	
Total Events for the Year	52	
Total Expected Attendance	778	
Total Actual Attendance	1311	
Total Attended 1:1 Sessions	164	
No Show Total	36	
Total Sessions	200	
Monthly Total Summary		

#### **Current Data**

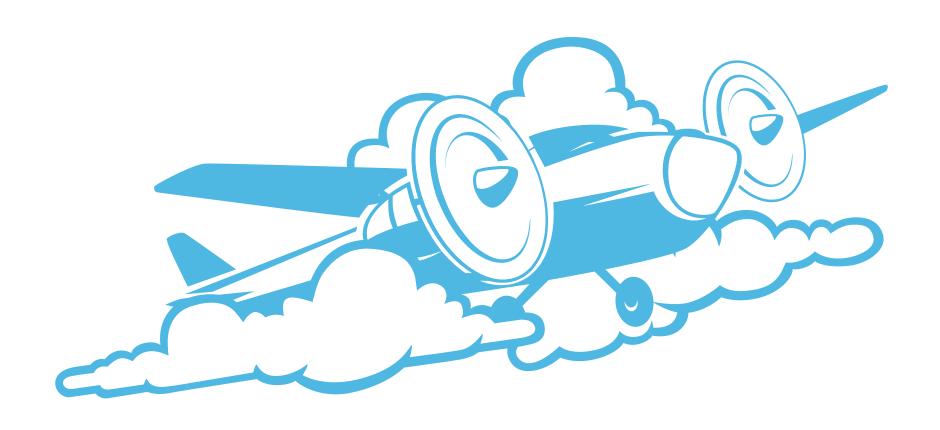
Counseling Sessions				
Couselor	Attended Sessions	No Shows	Total Sessions	
Nilda	28	7	35	
Gilbert	21	9	30	
Nayla	0	0	0	
Eric	49	15	64	
1 - Peer Mentor	0	0	0	
2 - Peer Mentor	0	0	0	
3 - Peer Mentor	0	0	0	
4 - Peer Mentor	0	0	0	
5 - Peer Mentor	0	0	0	
6 - Peer Mentor	0	0	0	
7 - Peer Mentor	0	0	0	
8 - Peer Mentor	0	0	0	
9 - Peer Mentor	0	0	0	
10 - Peer Mentor	0	0	0	
11 - Peer Mentor	0	0	0	
12 - Peer Mentor	0	0	0	
13 - Peer Mentor	0	0	0	
14 - Peer Mentor	0	0	0	
15 - Peer Mentor	0	0	0	

Weekly Total Summary					
Event Type	Number of Events	Total Final Attenance	Average Attendance		
Workshop	13	190	15		
Total Outreach	9	335	33		
In-Person	6	275	45.83333333		
Webinar	0	0	-		
Hybrid	0	0	-		
Tabling	3	60	20		



### Conclusion

Financial Wellness Teams are crucial in the post-pandemic era. This team can empower students to make informed financial decisions by addressing financial challenges, promoting financial literacy, and prioritizing mental health. Collaboration, technology, and peer mentoring are some ways educational institutions can help students succeed in an everchanging world and achieve their financial goals.



## Questions?

#### Traveling Through Uncharted Territory

